

## Mount Holyoke Range State Park

Massachusetts Department of Conservation and Recreation



## JULY—AUGUST PROGRAMS

All programs are **free** and open to the public. **Meet inside the Notch Visitor** Center unless otherwise noted. Parking is free. All children must be accompanied by an adult. Reasonable accommodations available upon request. Please follow all current COVID guidelines. Visit Mass.gov/COVID for more guidance. For more information call the park at (413) 253-2883

Open **Daily** 

NOTCH VISITOR CENTER, 9:00 a.m.—4:30 p.m.

The Visitor Center features free exhibits, park information, restrooms and drinking water. Wheelchair accessible. Accessible by PVTA public transit (Amherst Route 38). Open late-May through mid-October. \*Times and dates subject to change.

Sundays and **Mondays** 

**BIRDING** 

Sunday 10:00-10:30 a.m. and Monday 9:00-9:30 a.m.

For ages 7 and up. Join a Park Interpreter to discover more about birds, their behaviors, needs, and habitats. Listen, watch, sketch, or journal during this interactive program. Includes a moderate,

1/2-mile-long hike in the woods.

Mondays WILD WOODS WALK, 1:00—2:30 p.m.

For all ages. Join the park interpreter for an eye-opening stroll. Discover dynamic, colorful, and life-supporting plants in the Mount Holyoke Range. This is a moderate, 3/4-mile-long walk on the Laurel Loop Trail. \*Storms cancel program.

Tuesdays OUR OWN JURASSIC PARK, 10:00-10:30 a.m.

For all ages. Explore the unique geologic story of the Mount Holyoke Range, formed and shaped by fire and ice! Experience a dinosaur footprint, or two. This program takes place inside the

Notch Visitor Center.

Wednesdays

Thursdays

TROLLEY SUPERHIGHWAY, 10:00-10:30 a.m.

For ages 12 and up. The trolley that ran through the Pioneer Valley in the early 1900s enhanced transportation, communication, and commerce. Find out why the Notch was a significant link to this information superhighway. This program takes place inside the

Notch Visitor Center.

NAVIGATE THE NOTCH, 11:00-11:30 a.m. **Thursdays** 

For all ages. Learn how to navigate around Mount Holyoke Range State Park trails, and how to become a better steward and hiker.

This program takes place inside the Notch Visitor Center.

**Fridays** ROCKS TO ROOTS, 11:00 a.m.—12:00 p.m.

For teens to adults. Basalt bedrock is a significant part of the Range. It supports an uncertain, ever changing microclimate where rare plant communities live. This guided hike climbs up a steep, rocky trail up to Bare Mountain summit. \*Storms cancel

program.

**Fridays** FIRE AND ICE GEOLOGY, 10:00—10:30 a.m.

> For all ages. The Holyoke Range was formed from fire and ice! Hear the 200-million year old story of dinosaurs, lava and glaciers. This program takes place inside the Notch Visitor Center.

EMPOWERMENT HIKE, 10:00-11:30 a.m. Saturdays

For teen to adults. Park interpreter-guided hike on a challenging, but fun, steep trail up to Bare Mountain summit. Build your trail navigation skills, connect to nature, and learn how to become a better steward. Hike is moderate to advanced ability, 1-mile round -trip, with challenging rocky terrain. \*Storms cancel program.

Notch Visitor Center, Mount Holyoke Range State Park 1500 West Street Amherst, MA 01002. Tel. (413) 253-2883